

# YRAA Track and Field Regional Qualifiers: 2026

<p style="text-align: center;"><b>Wed. May 13th, 2026 (North/Central)</b> <b>@ Denison SS</b></p>	<p style="text-align: center;"><b>Thurs. May 14, 2026 (South/West)</b> <b>@ Bill Crothers SS</b></p>
<p><b>Convenors: Track and Field SAC Committee</b> <i>Contact: Amy Menczel (<a href="mailto:amy.menczel@yrdsb.ca">amy.menczel@yrdsb.ca</a>)</i></p>	<p><b>Convenors: Track and Field SAC Committee</b> <i>Contact: Adrienne Chong (<a href="mailto:adrienne.chong@yrdsb.ca">adrienne.chong@yrdsb.ca</a>)</i></p>
<p><b>Trackdatabase Code: J4CTKN</b> (entries close May 11th 6pm)</p>	<p><b>Trackdatabase Code: Q5F5T</b> (entries close May 11th 6pm)</p>
<p><b><u>Schools (North / Central)</u></b> Alexander Mackenzie, Aurora, Bayview, Cardinal Carter, Dr. G. W. Williams, Dr. J. M. Denison, Emily Carr, E.S. Norval Morrissette, ÉCS Renaissance, Huron, Innova Academy, Keswick, King City, Maple, Newmarket, Our Lady of the Lake, Our Lady Queen of the World, Richmond Green, Richmond Hill, Sacred Heart, Sir William Mulock, St. Jean de Brebeuf, St. Joan of Arc, St. Maximilian Kolbe, St. Theresa of Lisieux, Sutton, <b>St. Lukes</b></p> <p><b>NOTE: Will need to add schools that are new/ didn't declare in 2025 and delete non participating schools after Spring Declarations 2026</b></p>	<p><b><u>Schools (South / West)</u></b> Bill Crothers, Bill Hogarth, Brother Andre, Bur Oak, École Catholique Pape François, ÉSC de l'Ascension, Everest Academy, Father Bressani, Father Michael McGivney, Hodan Nalayeh, Holy Cross, J. Addison School, Langstaff, Markham, Markville, Middlefield, Milliken Mills, Pierre Elliott Trudeau, St. Augustine, St. Elizabeth, St. Katharine Drexel, St. Robert, Stephen Lewis, Stouffville, Thornhill, Thornlea, Tommy Douglas, Toronto District Christian, Unionville, Westmount, Woodbridge College</p> <p><b>NOTE: Will need to add schools that are new/ didn't declare in 2025 and delete non participating schools after Spring Declarations 2026</b></p>

# **RULES / REMINDERS FOR QUALIFIERS**

## **ENTRIES**

1. A competitor may enter **three (3)** individual events, plus **two (2)** relays for the YRAA Championships (one age relay; one open relay). Consider that entries to this meet count towards that total. Please check your entries carefully to ensure that no athlete has been entered incorrectly.
2. The entries will be done online. Ensure that you enter the correct qualifying meet based on the chart above. Trackdatabase will allow you to make a printout of your team's entry, therefore, try to complete your entries a few days before the deadline and have your students check them on the track bulletin board or on google classroom. This will ensure less problems on the day of the track meet. Changes can be made up to entries on trackdatabase until the deadline based on race package.
3. All entries accepted after that time will be considered late and the **\$20.00** per event late fee will be levied. Post entries will be accepted each day, within 5 minutes of the end of the coaches meeting, before any events commence to a maximum of 5 per school. No entries will be accepted after this time period.

## **COSTS**

4. Costs will be divided evenly by all participating schools. This fee for this event will be included in the overall YRAA Championship fee

## **ELIGIBILITY**

5. Eligibility rosters must be done on the YRAA website by May 1, 2026.

## **SCHOOL SHIRTS / EQUIPMENT**

6. Competitors must wear their school's track and field singlet or a top identifying their school for all events. Relay teams must wear identical tops for each relay.
7. Pin spikes NO LONGER THAN 5mm will be allowed on either the track or the jumping runways. NOTE: The discus and shot-put circles are made of concrete. Appropriate footwear should be worn in those areas.
8. Relay teams must have their own batons.

## **EVENTS**

9. All runners are to report to the clerk of the course and check in well before their races. It is up to the athlete to check the progress of the meet to ensure they do not miss their event.

10. EVENT PRIORITIES: Track events take priority over Field Events. Those athletes that find themselves in a scheduling conflict (two events at the same time) must report said problem to the field official before leaving. The field official will make every attempt to accommodate the athlete, ie. letting them jump out of turn in a particular flight, but when the athlete returns, he/she must resume competing in the flight in which the field is competing. No additional attempts will be afforded that athlete. COACHES AND ATHLETES ARE ASKED TO CHECK THE ORDER OF EVENTS CAREFULLY BEFORE CHOOSING EVENTS.

11. Each jumper in the long jump will get 3 attempts. The top 16 jumpers will qualify to the YRAA Championships

### **QUALIFYING / TIMING**

12. Hand Timing only for the qualifiers.

13. The **top 16** times in the 100m and 400m will qualify for the YRAA Championships. Ties for 16th place will also qualify.

14. The **top 8** times in the 4 x 100m will qualify as will all ties for 8th place.

### **PROTESTS / JURY**

15. The Jury of Appeal will be comprised of five - (5) individuals. The convenor(s), the track referee, the field judge, and any other individuals the convenor appoints. For any appeal, at least three members of the jury of appeal (not from the same school as the appeal) will meet. All appeals must be submitted in writing by the athlete's high school coach with a \$25.00 fee within one half hour of the announcement of the result to be appealed. If the appeal is upheld, the \$25.00 fee will be returned.

### **FIRST AID**

16. There will be a qualified first aid person in attendance to treat injured athletes, coaches, and officials. First aid will be located near the front entrance of the facility

17. All Coaches are to meet at 12:00pm, near the 100m finish line. Each competing school must provide at least one staff member official for the meet.

### **RESTRICTIONS/ REMINDERS**

18. All audio equipment that creates any noise is not to be brought to the stadium. Any such equipment will be confiscated. No athlete may compete wearing a music device, ear pod, hat or head piece. This excludes religious headwear.

19. No balls, frisbees, or frisbees / discs.

20. Please ensure schools clean up garbage in tent and around the track / jump pit.

**Wed. May 13th, 2026 (North/Central @ Denison)****Thurs. May 14, 2026 (South/West @ Bill Crothers)****TENTATIVE SCHEDULE (based on 2025); Revised Schedule to be made after entries close****TENTATIVE SCHEDULE (based on 2025); Revised Schedule to be made after entries close**

Coaches Meeting 12:00pm (meet at the finish line)

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**100m Top 16 times qualify to YRAA Champs**

12:30pm	NG	100m	7 heats
12:45pm	NB	100m	7 heats
1:00pm	JG	100m	10 heats
1:20pm	JB	100m	8 heats
1:35pm	SG	100m	6 heats
1:50pm	SB	100m	12 heats

**100m Top 16 times qualify to YRAA Champs**

12:30pm	NG	100m	8 heats
12:50pm	NB	100m	10 heats
1:10pm	JG	100m	7 heats
1:25pm	JB	100m	10 heats
1:45pm	SG	100m	7 heats
2:00pm	SB	100m	14 heats

**400m Top 16 times qualify to YRAA Champs**

2:05pm	NG	400m	3 heats
2:15pm	NB	400m	4 heats
2:25pm	JG	400m	5 heats
2:40pm	JB	400m	6 heats
3:00pm	SG	400m	3 heats
3:10pm	SB	400m	7 heats

**400m Top 16 times qualify to YRAA Champs**

2:25pm	NG	400m	4 heats
2:35pm	NB	400m	5 heats
2:45pm	JG	400m	4 heats
2:55pm	JB	400m	6 heats
3:05pm	SG	400m	4 heats
3:15pm	SB	400m	9 heats

**4 x 100m Top 8 times qualify to YRAA Champs**

3:30pm	NG	4 x 100m	2 heats
3:40pm	NB	4 x 100m	2 heats
3:50pm	JG	4 x 100m	2 heats

**4 x 100m Top 8 times qualify to YRAA Champs**

3:35pm	NG	4 x 100m	2 heats
3:45pm	NB	4 x 100m	2 heats
3:55pm	JG	4 x 100m	2 heats

4:05pm JB 4 x 100m 3 heats  
 4:15pm SG 4 x 100m 2 heats  
 4:25pm SB 4 x 100m 3 heats

**Long Jump**

**Top 16 jumps qualify to YRAA Champs**

12:30pm Senior Boys and Novice Girls  
 2:30pm Senior Girls and Novice Boys

4:10pm JB 4 x 100m 3 heats  
 4:20pm SG 4 x 100m 2 heats  
 4:30pm SB 4 x 100m 4 heats

**Long Jump**

**Top 16 jumps qualify to YRAA Champs**

12:30pm Novice Girls and Senior Boys Flight 1  
 1:10pm Novice Girls and Senior Boys Flight 2  
 2:20pm Novice Boys Flight 1 and All Senior Girls  
 3:30pm Novice Boys Flight 2

**OFFICIALS**

**Track Referee:** Mark Arsenault (YRAA)  
**Jumps Referee:** TBD  
**Head of Officials:** Kelly Bradshaw (Huron)  
**Results:** Lylyana James (Maple)  
**Jury of Appeal:** Mark Arsenault, Kelly Bradshaw, Amy or Sue Menczel, Lylyana James, Chris Deighan

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**Track Referee:** Mark Arsenault (YRAA)  
**Jumps Referee:** TBD  
**Head of Officials:** Adrienne Chong (Markville)  
**Results:** Albert Wong (Bill Crothers)  
**Jury of Appeal:** Mark Arsenault, Adrienne Chong, Steve Jimmo, Greg Morris, Albert Wong

<http://www.trackdatabase.com/>

Meet Name: North/Central YRAA Regional Qualifier  
Meet Code: **J4CTKN**  
Meet Date: May 13, 2026

Entry Close Date: **May 11, 2026 @ 06:00 pm**

**If this is your first meet with the Track Database online entries:**

*(Returning Users, see below)*

Select "Register" from the menu on the left to bring you to the registration page that will allow you to register your team. On your first visit to the registration system you will need to provide all the information required. OFSAA & CISAA have restricted modification abilities as much of their information is generated automatically.

Registration now uses a username and password, the username you create must be unique and cannot be changed. This username and password can be shared between the coaching team to allow multiple coaches to do registrations for segments of the team.

When you enter team data, be sure to use an email address which is checked often as any communication with either the meet convener, or trackDatabase.com will likely be time sensitive. Using the online entry system, your entries will be emailed to you prior to the entry close date in order to allow you time to review your entries and make any changes needed. These dates are set by your convener and should be noted in your meet package.

**Returning Users:**

Select "Login" from the menu on the left and use the username and password from your previous meet(s).

**Joining a Meet:**

To join a new meet, select "Join Meet" from the left menu. You will be prompted to enter the meet code provided by the convener. After entering this code and clicking the join meet button you will be added to the meet and it will now appear on your meet homepage.

**Adding your entries:**

The sign-up for relays is located under the "Athlete" heading. Select "Relay Entries" to access to those events. It is automatically added to your entries list. Registering athletes for relays is done here as well.

For all other events, you can select them in the edit view for each athlete, check the box beside the event to register for it, clicking submit at the bottom of the page will save the data entered. Seed times may optionally be entered for running events in the box provided.

**Copy Entries:**

After choosing the meet to edit, click the "copy entries" button, located at the top of the entries listing. This will bring up a form to select the meet you would like to copy the entries from. After selecting the source meet, a listing of all the athletes and entries from your team will come up, click the box beside the entries you would like to copy and click copy entries. The system will alert you if any of the copied entries are for events that do not match the current meet, or would violate entry limits.

<http://www.trackdatabase.com/>

Meet Name: South/West YRAA Regional Qualifier  
Meet Code: **Q5F5T**  
Meet Date: May 14, 2026

Entry Close Date: **May 11, 2026 @ 06:00 pm**

**If this is your first meet with the Track Database online entries:**

*(Returning Users, see below)*

Select "Register" from the menu on the left to bring you to the registration page that will allow you to register your team. On your first visit to the registration system you will need to provide all the information required. OFSAA & CISAA have restricted modification abilities as much of their information is generated automatically.

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