

2023 OFSAA Central Regional Track & Field Meet

Schedule Tuesday May 30th, 2023

Toronto Track & Field Centre - York University

TRACK EVENTS			
Time	Event	Type	Order
11:00 a.m.	Sprint Hurdles	Semi Finals	NG, JG, SG, NB, JB, SB
11:50 a.m.	1500 m	Finals	NG, NB, JG, JB, SG, SB
12:35 p.m.	100 m	Semi Finals	NG, NB, JG, JB, SG, SB
1:15 p.m.	400 m	Timed Finals	NG, NB, JG, JB, SG, SB
2:05 p.m.	Sprint Hurdles	Finals	NG, JG, SG, NB, JB, SB
2:35 p.m.	100 m	Finals	NG, NB, JG, JB, SG, SB, Visually Impaired (G, B), Intellectual Impaired (G, B), Ambulatory. (G, B)
3:15 p.m.	2000 m Steeplechase	Final	OG
3:25 p.m.	2000 m Steeplechase	Final	OB
3:40 p.m.	4 x 100 m Relay	Timed Finals	NG, NB, JG, JB, SG, SB

The times in the schedule are approximate. Listen to the P.A. system for your listed event times.

Field Events						
Time	Girls			Boys		
10:30 a.m.	NG PV	JG PV	VIG, AMBG, IIG SEATED (SP)			
11:00 a.m.	NG – LJ	JG – TJ	SG – HJ	NB – DIS	JB – JAV	SB – SP
12:30 p.m.	NG – JAV	JG – SP	SG – DIS	NB – HJ	JB – LJ	SB – TJ
1:30 p.m.			SG – PV	VIB, AMBB, IIB SEATED (SP)		
2:00 p.m.	NG – TJ	JG – HJ	SG – LJ	NB – SP	JB – DIS	SB – JAV

2023 OFSAA Central Regional Track & Field Meet Schedule

Thursday, June 1st, 2023

Toronto Track & Field Centre - York University

Track Events			
Time	Event	Type	Order
11:00 a.m.	800 m	Finals	NG, NB, JG, JB, SG, SB, Visually Impaired (G, B), Intellectually Impaired (G,B) Ambulatory (G, B)
11:50 a.m.	200 m	Semi Finals	SG, SB, JG, JB, NG, NB
12:30 p.m.	3000 m	Finals	SG, SB
1:05 p.m.	300 m / 400 m Hurdles	Timed Finals	NG, JG, SG, NB, JB, SB
2:00 p.m.	3000 m	Finals	JG, JB
2:30 p.m.	200 m	Finals	SG, SB, JG, JB, NG, NB, Wheelchair (G, B)
3:00 p.m.	3000 m	Finals	NG, NB
3:35 p.m.	4 x 400 m Relay	Timed Finals	OG, OB

The times in the schedule are approximate. Listen to the P.A. system for your listed event times.

Field Events						
Time	Girls			Boys		
10:30 a.m.				NB – PV	JB – PV	
11:00 a.m.	NG – DIS	JG – JAV	SG – SP	NB – LJ	JB – TJ	SB – HJ
12:30 p.m.	NG – HJ	JG – LJ	SG – TJ	NB – JAV	JB – SP	SB – DIS
1:30 p.m.						SB – PV
2:00 p.m.	NG – SP	JG – DIS	SG – JAV	NB – TJ	JB – HJ	SB – LJ