

GAME SHEET

YOUR TEAM		FINAL SCORE	
OPPONENT TEAM		FINAL SCORE	

Spirit of the Game Scoresheet (SOTG)

Your whole team should be involved in rating the other team! Score them on each category to find their total SOTG score.

Scoring: Please note that in this system, 2 is the average score. For example, if a team's Attitude and Self-Control were normal, you would give that team a 2.

A 4 should be one the best games of the season. Zeros should not be reflective of any one single player on the other team.

0 - Terrible*
 1 - Below Average
 2 - Average
 3 - Above Average
 4 - Exceptional*

1. Positive Attitude and Self-Control
 Example: They were polite. They played with an appropriate intensity irrespective of the score. They left an overall positive impression during and after the game.

2. Rules and Knowledge Use
 Example: They knew the rules of the game. When they didn't know the rules, they showed a willingness to learn.

3. Fair mindedness.
 Example: They made justifiable calls. They took accountability for rule breaches and/or incorrect calls and informed teammates about wrong, unnecessary or unfair calls. They did not purposely misinterpret the rules.

4. Communication
 Example: They communicated respectfully. They listened. They were willing to discuss calls and come to an appropriate solution.

5. Fouls and Body Contact
 Example: They avoided fouling, contact and dangerous plays.

6. Inclusion
 Example: They actively involved all teammates on the field, making an effort to include both female- and male-matching players in the play. They were willing to throw to different teammates, not just the same few people.

Total Score

Please **record your final game and spirit scores** to YRAA. If you have selected 0* or 4* in ANY category, please use the [SOTG Google Form](#) to explain in a few words what happened so that we have a record. If specific players are involved, please include uniform # as well as name. REMINDER: Board of Reference will apply!

Spirit of the Game Scoring Guide

For High School Ultimate Players

Use this with your team to score the other team after a game.

 Talk together before scoring!

 A **2 is normal** – they played fair and respectfully.

 A **4 is rare** – only if the **whole team** was outstanding!

 A **0 is serious** – only if the **team as a whole** showed very poor spirit.

1. Positive Attitude & Self-Control

*Did the **whole team** stay respectful, encouraging, and calm during the game?*

- **0 – Terrible (whole team showed poor attitude):**
 - Many players complained, got upset, or were disrespectful throughout the game.
 - The team didn't shake hands or say "good game."
There was lots of negativity from the sideline or on-field.
 - **4 – Amazing (team-wide great attitude):**
 - The whole team kept a great attitude from start to finish.
They cheered on each other and even our team for good plays.
 - After the game, they high-fived everyone, smiled, and made us feel respected.
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2. Rules & Knowledge of the Game

Did the team overall understand the rules and use them correctly?

- **0 – Terrible (team didn't know or respect rules):**
 - Several players made up rules or didn't follow basic ones.
 - The team argued a lot or wouldn't listen during rule discussions.
 - They didn't try to learn or improve their understanding of the game.

- **4 – Amazing (whole team used rules fairly and clearly):**
 - Most players showed solid knowledge and stayed calm during calls.
 - They helped explain rules respectfully and didn't argue without reason.
 - They made sure their whole team played by the same standards.
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3. Fairness (Fair-Mindedness)

Did the team act honestly and fairly during the game overall?

- **0 – Terrible (unfair play by much of the team):**
 - The team made a lot of questionable calls and didn't take responsibility.
 - Players refused to retract incorrect calls or made calls to gain unfair advantage.
 - Fairness was clearly not a priority for them.
 - **4 – Amazing (team-wide fairness):**
 - Players on the team regularly made fair calls or retracted calls when wrong.
 - They encouraged each other to do the right thing.
 - They clearly valued fairness more than just winning.
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4. Communication

How well did the team talk during calls or disagreements?

- **0 – Terrible (team refused to communicate respectfully):**
 - Most calls turned into arguments.
 - Players interrupted or wouldn't let us talk.
 - There was a lack of listening or willingness to find solutions.
 - **4 – Amazing (great communication from most players):**
 - Discussions stayed calm and respectful, even when players disagreed.
 - Players took turns speaking and really tried to understand our point of view.
 - Their sideline also stayed respectful and helpful during calls.
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5. Fouls & Body Contact

Did the team play safely and avoid unnecessary contact?

- **0 – Terrible (unsafe play by the team overall):**
 - Many players made dangerous layouts, bumped into others, or didn't play under control. The team didn't take contact seriously or didn't adjust when warned.

 - **4 – Amazing (team played cleanly and safely):**
 - They clearly tried to avoid contact in tight situations.
 - When contact happened, they immediately checked in to see if your teammates were okay
 - The whole team played with control and respect for safety.
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6. Inclusion

Did the team involve all their players in the game and support one another?

- **0 – Terrible (team excluded players):**
 - The offense always ran through the same 2–3 players. Other teammates rarely got the disc or chances to contribute.
 - Some players were left out or not encouraged during the game.

 - **4 – Amazing (clear team-wide inclusion):**
 - The team spread the disc and gave everyone a chance to be involved.
 - They encouraged newer or quieter teammates to take part.
 - There was equal support for all players, both on-field and from the sideline.
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Final Notes:

- A 2 is average and totally okay!
- Use 0 or 4 only when the **entire team's behavior** clearly deserves it.
- Use the **Spirit Google Form** if you give a 0 or 4 in any category.
- Don't let one player affect the score—look at the **whole team**.