

**YORK REGION ATHLETIC ASSOCIATION
FIELD LACROSSE PLAYING REGULATIONS**

1. Season of Play:

Spring Sport

2. Divisions:

Junior and Senior

3. Eligibility:

- a) See YRAA eligibility and transfer form.
- b) **Junior:** Born no more than 15 years prior to the start of the school year in which the competition is held.
Senior: Enrolled in no more than their fifth consecutive year from initial date of entry to secondary school and born no more than 19 years prior to the start of the school year in which the competition is held.
- c) An official YRAA Eligibility Form, including all required participants' data must be completed electronically and e-mailed to the Athletic Coordinator. A hard copy, signed by the principal, athletic designate and the teacher/coach must be received by the convenor twenty-four (24) hours prior to the commencement of competition.

4. Governing Rules:

- a) International Field Lacrosse Federation Rules
- b) An equipment check will be carried out by the official(s) five (5) minutes prior to the game commencing while teams are lined up on their restraining line. Officials are to check for mouth guards, approved helmet and face mask (i.e. hockey or lacrosse helmet with chin strap and a hockey, lacrosse or broomball cage with no wires cut out), and gloves (i.e. fingers encased).
- c) A game which has been 3/4 played is deemed complete if play is stopped by the referee at or beyond this point.
- d) All illegal stick infractions (i.e. pocket too deep, head too narrow, stick too long or too short) will be three (3) minute non-releasable penalties.
- e) Players will be removed from the remainder of a game for the accumulation of four (4) or more minutes in personal fouls (as opposed to technical fouls). This will not require a Board of Reference, as this is not an expulsion foul.
- f) Goaltenders receiving a penalty will have it served by a designated player. This will include all time served penalties other than expulsion.
- g) Pre-Season Meeting to determine schedule and playoff format.

- h) A game will be four (4) twelve (12) minute quarters, the last three (3) minutes of the 4th quarter and overtime will be stop time.
- i) In the event of a tie at the end of a regular season or playoff game, a five (5) minute sudden death period will be played.
- j) At the YRAA championship tournament, a bronze/third place game may be played.
- k) Certified OLA officials are to be used.
- l) Home team is responsible for officials' fees.
- m) Free clear: During regular season play, any time the score differential is five (5) goals or more, when the leading team scores, rather than a face-off at centre, the trailing team will receive a free clear (possession of the ball undefended until it crosses centre). Regular face-offs will resume if the score goes below four (4) goals.
- n) **Tie Breaking Procedures:**
 - **head to head amongst tied teams;**
 - **least goals against amongst tied teams;**
 - **goals for amongst tied teams;**
 - **least penalty minutes amongst tied teams;**
 - **coin toss.**

5. Supervision of Teams/Individuals:

- a) All teams or individuals must have on site supervision by a member of the teaching staff or retired teacher from the school that they represent.
- b) This teacher shall be responsible to the YRAA for the conduct of his/her team and shall be the only person involved in all exchanges with officials, opposing teacher/coaches and members of school staffs.
- c) A non-teacher (community volunteer, parent, etc.) is permitted to assist in the coaching of an individual or team provided that a teacher is present and responsible.
- d) The teacher must be present on the bench for team sports or in the immediate vicinity for all other sports.
- e) Unless the staff member (as defined in Section 1 2) above) of the competing school is present, the opposing teacher/coach and/or convenor shall not allow the game to begin or an individual to compete and the competition shall be forfeited.
- f) No teacher/coach shall officiate a game involving his/her team.

- g) It is the teacher/coaches' duty to ensure the accuracy of the information provided on the game sheets compared to the team's eligibility list.

6. Qualifying to OFSAA

All teams regardless of classification (A, AA, AAA, AAAA) will have access to the YRAA championships. Following the championships, the highest placing team from each classification will advance to OFSAA. This may require a head-to-head playoff.

- a) If an A or AA classified school wins the YRAA championship, they will be the Association representative to OFSAA for their classification. In all other circumstances where there are two (2) or more teams at the A or AA levels, a separate playoff will be held to determine the Association representative at those levels.
- b) If there are fewer than four (4) A or AA teams, these teams will be included in the existing league and playoffs.
- c) When the top two (2) teams in a classification advance to the same standing, a head-to-head playoff will occur.
- d) Where a classification is not represented in playoffs, the top team in each zone will play off or the top two (2) in league play (whichever applies).
- e) Awards will be provided as outlined in the Constitution (Article 12).

*SPECIAL NOTE: A clarification regarding A/AA, AAA, AAAA playoffs -
 *schools may not change their declared level (A, AA, AAA, AAAA) after the completion of the pre season meeting.

7. Inclement Weather:

- a) In the event of inclement weather, games may be cancelled and rescheduled if:
 - i) the transportation company (bus) cancels the booking OR
 - ii) the school principal determines that the weather is unsafe for teams to travel OR
 - iii) **the host school teacher/coach, in consultation with the Athletic Designate and/or school administration, determines the playing environment to be unsafe (eg standing water on fields, excessive ice).**
 - iv) **when lightning or thunder is seen or heard in the area, play shall be suspended and participants shall seek appropriate shelter as outlined in the current OPHEA safety document. Play may be resumed once thirty (30) minutes has passed since the last observation of lightning or the sound of thunder. The decision to suspend play shall be made by the game official and/or teacher/coaches of the teams involved in the competition.**

Whenever possible, it is recommended that a decision to cancel a game due to inclement weather be made by 1:00 p.m. the day of the game.

- b) Once this has happened the coach or AD of the school canceling shall:

- i) notify the school(s) being played that they will not be able to play due to inclement weather;
 - ii) contact the YRAA office that the game is being cancelled due to inclement weather;
 - iii) make arrangements with the school(s) involved to reschedule the game(s) at a date that is acceptable to all parties and fits within the established master schedule. Should a mutually agreeable date to reschedule not be found within forty-eight (48) hours, the convenor will assign a date that fits in to the master schedule.
- c) The YRAA office will:
- i) keep a record of cancelled games in order to ensure that they are rescheduled
 - ii) notify the referee assignor that the games are cancelled and will be rescheduled so that unnecessary travel by officials can be avoided.

8. Costs:

The financial cost of the operation of the playoffs shall be shared equally by all schools participating in the league, regardless of classification (A, AA, AAA, AAAA) on a per team basis.

9. Reporting Scores:

Both teams are to email results@yraa.com with the results within twenty-four (24) hours. The white copy of the score sheet, with the official's signature, is to be forwarded to the zone convenor.

10. Awards:

Junior and Senior

Individual medallions (25) will be presented to the first and second place teams. A pennant and team trophy will be presented to the championship team.

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