

**CENTRAL ONTARIO RECORDS****Novice Girls**

<b>Events</b>	<b>Name</b>	<b>School</b>	<b>Assoc.</b>	<b>Perf.</b>	<b>Year</b>
<b>80mH</b>	Alanna Hendricks	Pickering HS	LOSSA	11.75 s.	2012
<b>100m</b>	Xahria Santiago	Notre Dame CSS	LOSSA	12.21 s.	2014
<b>200m</b>	Alyssa Marsh	Notre Dame CSS	LOSSA	24.60 s.	2015
<b>300mH</b>	Shaleah Colaire	St. Mary's CSS	LOSSA	44.56 s.	2016
<b>400m</b>	Natalie Geiger	Stouffville DHS	YRAA	56.96 s.	2005
<b>800m</b>	Rebecca Wendt	Henry Street HS	LOSSA	2:15.08 s.	2010
<b>1500m</b>	Cameron Ormond	Aurora HS	YRAA	4:37.24 s.	2016
<b>3000m</b>	Riley Innes	Sir. W. Mulock SS	YRAA	10:07.66 s.	2023
<b>4X100m Relay</b>	J. Gordon, S. Wark O. Ehirim, A. Abbaglivo	Bill Crothers SS	YRAA	49.34 s.	2012
<b>Shot Put</b>	Nicole Hunter	Dunbarton HS	LOSSA	12.15 m.	2018
<b>Discus</b>	Amy Town	Orillia DCVI	GBSSA	34.26 m.	2004
<b>Javelin</b>	Breanne Wilson-Bennett	Bill Crothers SS	YRAA	36.04 m.	2011
<b>High Jump</b>	Robin Clark	Thornhill SS	YRAA	1.65 m.	2015
<b>Long Jump</b>	Ebhani Blackwood	Bill Crothers SS	YRAA	5.43 m.	2013
<b>Triple Jump</b>	Kendra Smith	Sinclair SS	LOSSA	11.32 m.	2010
<b>Pole Vault</b>	Avery Surette	Innisdale SS	GBSSA	2.60 m.	2019

**Novice Boys**

<b>100mH</b>	Jaheim Ferguson	Pickering HS	LOSSA	13.94 s.	2018
<b>100m</b>	Nathan Kyeame	Bill Crothers SS	YRAA	11.29 s.	2011
<b>200m</b>	Marcus Renford	Tommy Douglas SS	YRAA	22.31 s.	2017
<b>300mH</b>	Chris Miller	Donald A Wilson SS	LOSSA	41.03 s.	2012
<b>400m</b>	Christopher Morales-Williams	St. Elizabeth CHS	YRAA	51.10 s.	2019
<b>800m</b>	Alexander Freemantle	Sacred Heart CHS	YRAA	1:56.75 s.	2010
<b>1500m</b>	Alexander Freemantle	Sacred Heart CHS	YRAA	4:04.80 s.	2010
<b>3000m</b>	Thomas Witkowicz	All Saints CSS	LOSSA	8:54.51 s.	2015
<b>4X100m Relay</b>	C. Yien, M. Lindo W. Lanktree, N. Kyeame	Bill Crothers SS	YRAA	45.32 s.	2011
<b>Shot Put</b>	Ryan Latour	St. Joseph's CSS	GBSSA	15.14 m.	2018
<b>Discus</b>	Braden Roberts	Sacred Heart CHS	YRAA	43.88 m.	2018
<b>Javelin</b>	Adam Kovacs	St. Joseph's CSS	GBSSA	48.02 m.	2007
<b>High Jump</b>	Joshua McCarroll	Maple HS	YRAA	1.86 m.	2015
<b>Long Jump</b>	Marcus Renford	Tommy Douglas SS	YRAA	6.52 m.	2017
<b>Triple Jump</b>	Danny Ly	Maple HS	YRAA	13.49 m.	2010
<b>Pole Vault</b>	Tyler Denes	St. Joseph's CSS	GBSSA	3.35 m.	2016

**CENTRAL ONTARIO RECORDS****Junior Girls**

<b>Events</b>	<b>Names</b>	<b>School</b>	<b>Assoc.</b>	<b>Perf.</b>	<b>Year</b>
<b>80mH</b>	Shanice Taylor-Chase	Notre Dame CSS	LOSSA	11.56 s.	2009
<b>100m</b>	Shadae Thompson	All Saints CSS	LOSSA	11.91 s.	2023
<b>200m</b>	Shadae Thompson	All Saints CSS	LOSSA	24.59 s.	2023
<b>300mH</b>	Anna Witherspoon	Pickering HS	LOSSA	43.78 s.	2017
<b>400m</b>	Natalie Geiger	Stouffville DSS	YRAA	55.29 s.	2006
<b>800m</b>	Caileigh Glenn	Sacred Heart CHS	YRAA	2:13.71 s.	2008
<b>1500m</b>	Kirsten Stewart	Newmarket HS	YRAA	4:41.06 s.	2008
<b>3000m</b>	Cameron Ormond	Aurora HS	YRAA	9:55.79 s.	2017
<b>4X100m Relay</b>	B. Gaynor, K. Gaynor S. Thompson, K. Belfon	All Saints CSS	LOSSA	48.08 s.	2023
<b>Shot Put</b>	Bailey Oakes	Bill Crothers SS	YRAA	13.11 m.	2019
<b>Discus</b>	Madison Johnston	Eastview SS	GBSSA	38.09 m.	2009
<b>Javelin</b>	Mikayla Grant	R. S. McLaughlin CVI	LOSSA	41.26 m.	2023
<b>High Jump</b>	Dallyssa Huggins	Bill Crothers SS	YRAA	1.75 m.	2014
<b>Long Jump</b>	Janae Dawes	Pickering HS	LOSSA	5.50 m.	2022
<b>Triple Jump</b>	Taylor Neely	Uxbridge SS	LOSSA	11.78 m.	2008
<b>Pole Vault</b>	Quinn Miller	St. Joseph's CSS	GBSSA	3.30 m.	2019

**Junior Boys**

<b>100mH</b>	Yazin Joseph	Pickering HS	LOSSA	13.93 s.	2011
<b>100m</b>	Marcus Renford	Tommy Douglas SS	YRAA	10.90 s.	2018
<b>200m</b>	Marcus Renford	Tommy Douglas SS	YRAA	21.90 s.	2018
<b>300mH</b>	Chris Miller	Donald A Wilson SS	LOSSA	40.06 s.	2013
<b>400m</b>	Matthew Kiatipis	Sacred Heart CHS	YRAA	50.00 s.	2016
<b>800m</b>	Trent Sayers	Sinclair SS	LOSSA	1:57.01 s.	2007
<b>1500m</b>	Matt Stephenson	R. S. McLaughlin SS	LOSSA	4:01.02 s.	2011
<b>3000m</b>	Thomas Witkowicz	All Saints CSS	LOSSA	8:34.77 s.	2016
<b>4X100m Relay</b>	K. Cumberbatch, T. Abrahams-Webster D. Jarrett, K. Bennett	Pickering HS	LOSSA	44.09 s.	2013
<b>Shot Put</b>	Spencer Guglietti	Cardinal Carter CHS	YRAA	17.32 m.	2015
<b>Discus</b>	Blake Thompson	St. Joseph's CSS	GBSSA	60.57 m.	2010
<b>Javelin</b>	Adam Engel	St. Mary's CSS	LOSSA	53.70 m.	2008
<b>High Jump</b>	Jacob Borgdorff	Unity Christian HS	GBSSA	1.96 m.	2009
<b>Long Jump</b>	Divy Thasaranthan	Bill Crothers SS	YRAA	6.66 m.	2010
<b>Triple Jump</b>	Divy Thasaranthan	Bill Crothers SS	YRAA	13.94 m.	2010
<b>Pole Vault</b>	Bennett Woods	Penetanguishene SS	GBSSA	3.85 m.	2019

**CENTRAL ONTARIO RECORDS****Senior Girls**

<b>Events</b>	<b>Name</b>	<b>School</b>	<b>Assoc.</b>	<b>Perf.</b>	<b>Year</b>
<b>100mH</b>	Mariam Abdul-Rashid	Pine Ridge SS	LOSSA	13.46 s.	2014
<b>100m</b>	Sayannah Blair	J. Clarke Richardson SS	LOSSA	11.85 s.	2023
<b>200m</b>	Alyssa Marsh	Notre Dame CSS	LOSSA	24.30 s.	2018
<b>400mH</b>	Yannique Bennett	Nantyr Shores SS	GBSSA	1:00.32 s.	2013
<b>400m</b>	Xahria Santiago	Notre Dame CSS	LOSSA	54.90 s.	2016
<b>800m</b>	Kyla Martin	St. Joan of Arc-Barrie	GBSSA	2:08.20 s.	2023
<b>1500m</b>	Kyla Martin	St. Joan of Arc-Barrie	GBSSA	4:33.16 s.	2023
<b>3000m</b>	Cameron Ormond	Aurora HS	YRAA	9:46.24 s.	2018
<b>4X100m Relay</b>	A. Hendricks, K. Hyman D. Henry, Z. McIntosh	Pickering HS	LOSSA	48.34 s.	2014
<b>Shot Put</b>	Kaitlin Brooks	St. Peter's CSS	GBSSA	13.42 m.	2015
<b>Discus</b>	Rayann Chin	Dunbarton HS	LOSSA	42.99 m.	2011
<b>Javelin</b>	Mandy Mitchell	Eastview SS	GBSSA	42.24 m.	2008
<b>High Jump</b>	Nicole Walcott	Middlefield HS	YRAA	1.74 m.	2005
<b>Long Jump</b>	Chanice Taylor-Chase	Notre Dame CSS	LOSSA	5.56 m.	2010
<b>Triple Jump</b>	Brittany Graves	St. Joan of Arc-Barrie	GBSSA	11.84 m.	2014
<b>Pole Vault</b>	Avery Surette	Innisdale SS	GBSSA	3.31 m.	2022
<b>Open Girls</b>					
<b>1500m S/C</b>	Katey Codyre	Courtice SS	LOSSA	5:08.44 s.	2010
<b>2000m S/C</b>	Jadyn Keeler	Innisdale SS	GBSSA	7:12.27 s.	2019
<b>4X400m Relay</b>	M. Ryan, N. Bradshaw H. Gibson, A. Hutchins	Dunbarton HS	LOSSA	3:53.62 s.	2016
<b>Amb. 100m</b>	Brittney Yurek	Twin Lakes SS	GBSSA	18.08 s.	2018
<b>Amb. 800m</b>	Jessica D'Souza	St. Mary's CSS	LOSSA	5:07.70 s.	2014
<b>Amb. Shot Put</b>	Karissa Flemington	J. Clarke Richardson SS	LOSSA	3.96 m.	2023
<b>Int. Imp. 100m</b>	Lola Morgan	Eastview SS	GBSSA	13.60 s.	2018
<b>Int. Imp. 800m</b>	Clarista Ardiel	Almaguin Highlands SS	GBSSA	3:04.36 s.	2017
<b>Int. Imp. Shot Put</b>	Jake Earl	J. Clarke Richardson SS	LOSSA	6.78 m.	2023
<b>Vis. Imp. 100m</b>	Dalaynie Conn	St. Theresa CSS	GBSSA	15.41 s.	2023
<b>Vis. Imp. 800m</b>	Christina Di Maria	Cardinal Carter CHS	YRAA	3L02.02 s.	2014
<b>Vis. Imp. Shot Put</b>					
<b>200m W/C</b>					
<b>400m W/C</b>					

## CENTRAL ONTARIO RECORDS

<b>Senior Boys</b>					
<b>Events</b>	<b>Name</b>	<b>School</b>	<b>Assoc.</b>	<b>Perf.</b>	<b>Year</b>
<b>110mH</b>	Daniel Chan	<b>Unionville HS</b>	YRAA	13.91 s.	2010
<b>100m</b>	Jaxson Jean-Jacques	Sinclair SS	LOSSA	10.72 s.	2023
<b>200m</b>	Bolade Ajomale	Alexander MacKenzie HS	YRAA	21.56 s.	2014
<b>400mH</b>	Daniel Chan	Unionville HS	YRAA	53.43 s.	2010
<b>400m</b>	Joshua Cunningham	St. Br. Andre CHS	YRAA	48.16 s.	2013
<b>800m</b>	Connor Darlington	R. S. McLaughlin SS	LOSSA	1:52.59 s.	2011
<b>1500m</b>	Robby Denault	Aurora HS	YRAA	3:53.78 s.	2010
<b>3000m</b>	Evan Esselink	Courtice SS	LOSSA	8:28.38 s.	2010
<b>4X100m Relay</b>	M. Anane, D. Williams O. Thompson, Y. Joseph	Pickering HS	LOSSA	43.00 s.	2012
<b>Shot Put</b>	Kyle Helf	St. Thomas Aquinas CSS	GBSSA	19.05 m.	2004
<b>Discus</b>	Kyle Helf	St. Thomas Aquinas CSS	GBSSA	55.44 m.	2004
<b>Javelin</b>	Brendan Beatty	Cardinal Carter CHS	YRAA	59.61 m.	2010
<b>High Jump</b>	Mike O'Toole	Nantyr Shores SS	GBSSA	2.05 m.	2004
<b>Long Jump</b>	Jayden Kelly	St. Joan of Arc-Barrie	GBSSA	7.15 m.	2015
<b>Triple Jump</b>	Banujan Kulainthiran	Fr. Michael McGivney CSS	YRAA	14.88 m.	2023
<b>Pole Vault</b>	Aidan Anger	Almaguin Highlands SS	GBSSA	4.25 m.	2014
<b>Open Boys</b>					
<b>2000m S/C</b>	Matthew Hughes	Msgr Paul Dwyer CSS	LOSSA	5:58.10 s.	2007
<b>4X400m Relay</b>	S. Williams, Z. Gordon A. Hyde, L. Jarron	Pickering HS	LOSSA	3:21.79 s.	2012
<b>Amb. 100m</b>	Zach Gingras	Bill Crothers SS	YRAA	12.71 s.	2019
<b>Amb. 800m</b>	Mitchell Chase	Dunbarton HS	LOSSA	2:12.37 s.	2016
<b>Amb. Shot Put</b>	Jordan Jeyanathan	J. Clarke Richardson SS	LOSSA	5.56 ms.	2022
<b>Int. Imp. 100m</b>	Robert Pipitone	Huron Heights SS	YRAA	11.82 s.	2015
<b>Int. Imp. 800m</b>	Cade McSorley	Collingwood HS	GBSSA	2:26.91 s.	2017
<b>Int. Imp. Shot Put</b>	Derek Hackner	Uxbridge SS	LOSSA	8.94 m.	2022
<b>Vis. Imp. 100m</b>	Dylan Hermans	Bear Creek SS	GBSSA	12.42 s.	2015
<b>Vis. Imp. 800m</b>	Josh Roberto	Msgr. Paul Dwyer CSS	LOSSA	2:32.83 s.	2017
<b>Vis. Imp. Shot Put</b>	Trajan E Hansman	Parry Sound SS	GBSSA	8.70 m.	2023
<b>1500m W/C</b>	Michael Chan	Unionville HS	YRAA	4:04.09 s.	2008
<b>200m W/C</b>					
<b>400m W/C</b>					

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