



**YORK REGION ATHLETIC ASSOCIATION
ROCK CLIMBING PLAYING REGULATIONS**



1. Playing Season

Winter Co-ed

All YRAA sports will be offered at two tiers of competition provided the following conditions are met:

- A) The minimum number of teams to run a league will be 4. If less than 4 teams declare for a league, the convenor(s) of the league may appeal to the executive for an exception. Appeals must be heard before the pre-season meeting for that sport.
- B) If a sport declares less than 4 teams three years in a row, the sport will no longer be offered as an option by the YRAA.

2. Divisions

- a) Female – Recreational, Sport, Elite
Male – Recreational, Sport, Elite
Recreational: participants Climbing up to a 5.10a level of difficulty
Sport: participants climbing between a 5.10b and 5.10d level of difficulty.
Elite: participants climbing at or above a 5.11a level of difficulty
**Team entry forms including competitor names, divisions, and genders must be submitted to the convenor and the host gym a minimum of 48 hours prior to the competition.

3. Eligibility:

- a) See YRAA Transfer Form.
- b) Age Division Categories:
Varsity School Year: **2019-20**
Year of Birth must be no earlier than: **2000**
Date of Entry to grade 9 must be no earlier than August of: **2015**
- c) All climbers must be properly certified as outlined in the OPHEA guidelines
- d) The sport convenor has the option to set maximum team size based on the capacity of the host climbing gym. All climbers entering as a team must attend the same high school.

4. Governing Rules:

- a) Refer to current OPHEA safety guidelines for this sport
- b) All climbers must compete in rockclimbing shoes and an official rock climbing harness.



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- c) All competitors will use a Gri Gri as their belaying device whether they are climbing or belaying.
- d) All climbers must climb on top rope at each competition.
- e) Competitors must sign a waiver from the climbing gym hosting the competition if they are 18 years of age or older or have a parent/guardian sign otherwise.
- f) A “friendly format” will be used during the preliminary rounds. “Isolation Format” will be used during the final round.
- g) Competitors may not help each other verbally or physically once the climber has begun a route.

5. PRELIMINARY ROUND SCORING:

- a) Judging will be based on high point rules.
- b) A climber may only have one attempt per route and a climb officially begins when both feet are lifted off the ground.
- c) Competitors will be assigned a specific number of climbs to complete during the preliminary round. Any incomplete climbs will be awarded a score of zero (0).
- d) A climber has completed a route when he/she either places their weight on the belay rope, uses any feature on the wall not considered to be part of the route, or finishes the route by holding the final rock with both hands in control for 2-3 seconds confirmed by the judge of the route.
- e) Scoring will be based on the +/- method where a hold is worth its number in the sequence, a + is worth .25 for making a positive move with the feet towards the next hand hold, and where a – is scored as a .75 where a hand hold is touched but not in a controlled manner.
- f) Climbing routes will be worth different values based on their level of difficulty. Divisions will be assigned based on the highest route in which the climber completes more than 25% of the route
- g) Judging will be the responsibility of team coaches who will be provided with a workshop before the competition begins.

6 FINALS FORMAT:

- a) This format will be used to determine the top female and top male climbers in each division. The top 10 competitors will advance to finals. Each competitor will attempt 1 or 2 top rope routes as assigned by the convenor with isolation format in effect (see below).



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- i) *If there are more than 10 elite climbers in the competition, the top 5 will qualify for finals and all remaining elite climbers will compete in a semi-finals round for the remaining 5 finals spots.*
- b) Competitors will be led from isolation to the first route facing away from the route. At the whistle, the climber will turn to face the route, clip in, and have five (5) minutes to complete the route or climb as high as possible. Competitors will be notified when one (1) minute of climbing time remains.
- c) If the climber completes the route, they may rest facing away from the routes until the whistle blows indicating that time has expired. If the climber is still on the wall when time expires, they must immediately stop climbing and come off the route.
- d) When time expires the climber will be escorted to the next route and is allowed five (5) minutes of rest facing away from the route. At the sound of the whistle indicating the end of the rest period the climber will turn and begin their attempt on the next route.
- e) Climbers compete in reverse order of their climbing placement in the preliminary round and may attempt to complete each route as many times as they wish.
- f) The convenor or host gym will assign the route belayers, judges and official timer for the finals. The official timer will also be assigned by the convenor to provide the same timing for the climbers on all routes.
- g) Scoring will be based on the single best score for each route. Scores are calculated by using the highest hold reached on that attempt with the score being adjusted down ten (10) percent for each additional attempt, up to a maximum of **20%** taken off.

7. Supervision of Teams/Individuals:

- a) All teams or individuals must have on site supervision by a member of the teaching staff or retired teacher from the school that they represent.
- b) This teacher shall be responsible to the YRAA for the conduct of his/her team and shall be the only person involved in all exchanges with officials, opposing teacher/coaches and members of school staffs.
- c) A non-teacher (community volunteer, parent, etc.) is permitted to assist in the coaching of an individual or team provided that a teacher is present and responsible.
- d) The teacher must be present on the bench for all games for team sports or in the immediate vicinity for all other sports.
- e) Unless the staff member (as defined in Section 1 a) – above) of the competing school is present, the opposing teacher/coach and/or convenor shall

not allow the game to begin or an individual to compete and the competition shall be forfeited.

- f) It is the teacher/coaches' duty to ensure the accuracy of the information provided on the game sheets compared to the team's eligibility list.

8. Costs:

An individual entry fee to be set by the hosting gym will be approximately \$20.00 per competitor with a separate fee charged for equipment rentals.

9. Awards:

- a) Individual medallions will be awarded to the top 3 males and top 3 females in each division based on their placement in finals.
- b) A team trophy and banner will be awarded to the winning team which scores the most overall points in the Preliminary Round. Team points will be calculated by finding the sum of the best single route score for the top 18 climbers on that team as follows – full best route points for the top 3 climbers on the team, plus 80% of best route points for the next 3 climbers, plus 60% of points for the next 3 climbers, plus 40% of points for the next 3 climbers, plus 20% of points for the next 6 climbers.
- c) Bill Crothers SS is ineligible to win the above team award. For scoring purposes, Bill Crothers SS team and individual results will be omitted after the competition scoring has been done. Final results for events will be posted with Bill Crothers SS students included in the results.

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