



Sacred Heart Invitational Cross Country Meet **Boyd Conservation Area, Vaughan**



SHIXC 2013 Course Descriptions

Midget Girls	3250m	Start, A, B, C, D E, F, A, Finish
Junior Girls	3913m	Start, A, B, C, D E, F, B, C, Finish
Sr. Girls-Midget Boys	5140m	Start, A, B, C, D A, B, C, D, E, F, B, C, Finish
Junior Boys	5862m	Start, A, B, C, D, E, F, B, C, D, E, F, A, Finish
Senior Boys	7080m	Start, A, B, C, D A, B, C, D, E, F, B, C, D, E, F, A, Finish

